



2825 Tahquitz Canyon Way Bldg C
Palm Springs, CA 92262
(760) 534-3487 office (760) 406-4045 Fax
www.bluetigerrecovery.com

**AGREEMENT TO BE SEEN BY
BLUE TIGER RECOVERY LLC**

(Please read carefully)

Blue Tiger Recovery LLC is a mental health professional providing psychological evaluation and treatment to men and women who demonstrate compulsive, addictive and/or offending sexual behavior problems. BLUE TIGER RECOVERY LLC also offers therapeutic programming for partners and spouses of sexual addicts and sexual offenders. Additionally, Blue Tiger Recovery LLC offers treatment in trauma healing

COURSE OF TREATMENT: Treatment at Blue Tiger Recovery LLC may entail individual and/or group therapies, depending on the needs of our clients – as assessed by the therapist. The length of treatment at BLUE TIGER RECOVERY LLC varies and often depends on the level of the patient’s commitment to treatment tasks and the therapists’ (individual and group) assessment of the patient’s needs. Leaving or terminating treatment regardless of a therapist’s suggestion is always an option; however this may mean not experiencing formal closure and not receiving the optimum benefit of treatment.

Psychological treatment by BLUE TIGER RECOVERY LLC includes psycho-education, cognitive behavioral therapy and interpersonal, psychodynamic psychotherapy on the individual and group level. Psychotherapy, which is intended to address underlying emotional processes, may evoke painful feelings, and as such, clients may at times experience periods of emotional distress. These challenges are a normal part of therapy, but it is important that clients discuss such reactions with their therapist and group.

Treatment by BLUE TIGER RECOVERY LLC is a cooperative endeavor, requiring knowledge and skills on the part of the therapist, combined with the client’s commitment and investment in treatment. This is an active process requiring both effort and the ability of clients to tolerate emotionally challenging experiences. Motivation on the part of our clients is the primary guide to their long-term success. For these reasons, and as psychotherapy is not as yet an exact science, it is not possible to predict the degree of benefit our clients will derive from treatment. However, BLUE TIGER RECOVERY LLC utilizes empirically based approaches and many clients do find relief from engaging in problematic sexual behaviors and healing that improves emotional, psychological and relational dimensions of functioning.

PAYMENT OF FEES: All clients are directly responsible for the payment of their fees. Fees are predetermined during the intake process. Any reduced fee arrangement must be approved in advance by BLUE TIGER RECOVERY LLC after review of pertinent financial and income documents.

Clients may use a credit card, check or cash to make payments. However all BLUE TIGER RECOVERY LLC clients are required to leave some form of credit card information on record. This ensures that any unpaid bills can be charged to an active credit card and our clients will not accrue an unpaid bill. Billing is based on documented attendance records documented by our therapists. Payment by check may be approved once BLUE TIGER RECOVERY LLC has a valid client credit card on file. Checks are payable to Blue Tiger Recovery LLC. Charges made to a credit card will show up on a client’s bill as BLUE TIGER RECOVERY LLC.



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Individual therapy times are reserved for each in advance. Individual therapy appointments may be cancelled without charge provided we are given 24-hours advance notice. Clients *are* responsible for payment of individual therapy sessions when the BLUE TIGER RECOVERY LLC therapist is provided with less than 24-hours notice or when a client does not show up for a session without canceling.

Group therapy is billed as an ongoing commitment. All members of our weekly groups pay for the reserved space in the group and are billed regardless of attendance. Exceptions are made if the BLUE TIGER RECOVERY LLC staff cancels a group or for scheduled national holidays. Exceptions may be made on a case-by-case basis if a client needs to take an extended leave due to work, travel, religious belief, loss or major illness, etc.

TELEPHONE CALLS: There is no charge for emergency telephone calls. **If you are unable to reach your therapist in an emergency and need immediate attention, please call the emergency room of the nearest hospital.** Clients needing or requesting more frequent phone communication may be billed – at regular session rates. Under special circumstances, client may also schedule a full session using the telephone or videophone.

VACATIONS: Regularly scheduled vacations will be taken throughout the year. Except in an emergency, the therapist will strive to provide several weeks advance notice prior to their absence. They will give you advance notice as to when they will be away.

MEDICATION: BLUE TIGER RECOVERY LLC may make an appropriate referral to an outside psychiatrist should the use of psychotropic medication be considered as a useful adjunct to treatment. BLUE TIGER RECOVERY LLC does not provide direct medication services.

CONFIDENTIALITY: Blue Tiger Recovery LLC pledges to do everything in its power to protect our clients' confidentiality. Everything about the work, from what a client says to his or her therapist to the very fact that they are attending treatment at BLUE TIGER RECOVERY LLC, is covered under the "Protected Health Information" (PHI), and is guarded by state and federal law. Unless legally bound to do so (see below) we will not release any information about our clients to any party without an BLUE TIGER RECOVERY LLC Release of Information form signed by the client.

All clients should be aware, however, of the specific exceptions to the confidentiality here at BLUE TIGER RECOVERY LLC:

- **For Treatment:** In case of emergency, we may need to disclose PHI to another health practitioner to facilitate acute treatment.
- **For Payment:** Under normal circumstances, we ask you to sign a release of information for us to bill a third-party payer. However, we do reserve the right to use a collection agency, as a last resort, without your written consent. In these rare occurrences, only relevant information will be disclosed.
- **As Required by Law:** Please be aware that under California state law, we are mandated reporters of child, elder and dependent adult abuse. We are also required to take action to protect any threatened third party. Action may include notifying the police and warning the third party directly. Finally, if we believe you to be acutely suicidal, we may act to institute involuntary hospitalization.
- **Lawsuits:** Please be aware that if you initiate a lawsuit in which you claim compensation for mental suffering, you may forfeit your rights to confidentiality. Please discuss this possibility thoroughly with an attorney before you initiate any such action.



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COMPLAINTS: Anyone believing that their privacy rights have been violated may file a complaint with the Federal government. Contact:

Office of Civil Rights (Room 509F HHH Bldg.)
US Department of Health and Human Services
200 Independence Avenue, S.W.
Washington, D.C. 20201

Clients having have any non-confidentiality related complaints regarding services received by Blue Tiger Recovery LLC, who feel these concerns have not been resolved by speaking either with their individual therapist may contact:

The Board of Behavioral Sciences
1422 Howe Avenue, Suite 22
Sacramento, CA 95835-3236
http://www.bbs.ca.gov/consumer/file_complaint.shtml

Your signature on the Therapist's Copy of this contract indicates that you understand and accept the above stated conditions related to your treatment by Blue Tiger Recovery LLC.

Signed _____

Date _____

Print Name _____

THERAPIST'S COPY